



SHINING ARMOR GAZETTE

Serve the Priest, Serve the Parish, and Build a Better Culture

Volume 2, Issue 5

Editor: GK Swinton W. Hudson, III

November 2010



UPCOMING EVENTS:

November

- 4 Business Meeting
- 6 Football Concessions
- 7 Monthly Rosary
- 18 Social Meeting
- 20 Football Concessions

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GRAND KNIGHT'S BRIEF

We extend our most sincere condolences to Monsignor Harris on the loss of his father, Leroy Harris. I ask that you please keep him and his family in your prayers.

Also, last week we got word that Brother Andy Nelson, Inside Guard, has received his orders for reassignment, and will be leaving us in mid-December for Minnesota. While we hate to see Andy and his family leave us, we know that it means he will be closer to his own family in North Dakota. Therefore, we need someone to fill Andy's shoes at Inside Guard. If you would be willing to serve in this position, please let me know ASAP as we need to hold this special election at our December meeting.

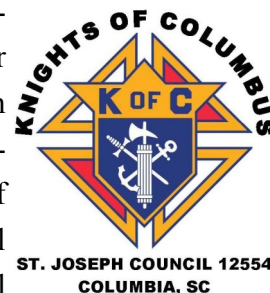
Our Operation HOPE campaign has come to a close for 2010! During the Spring, we were able to raise \$4,752.92. To complete our goal of 100% or more we held a funds drive on October 23-24 after all Masses and raised an additional \$1,228.62 from the generous parishioners of St. Joseph's Church! This brings our 2010 contribution to \$5,981.54, or 118% of

our goal. Thanks to everyone that contributed to this worthy cause throughout the year and especially Monsignor Harris for his support.

We are now taking orders for our first production run of an embroidered Council golf shirt. They sell for \$20 and will have the K of C logo over the left breast with our Council name and number as shown above. The initial color choices for shirts are white and royal blue. If you wish to order one, or more, please contact me to reserve your size and color preference(s). These are a great item to have to wear at all Council activities!

The pancake breakfast to benefit our seminarians was a great success! After expenses and our donation to Deacon David, we are able to contribute an additional \$200 to the Diocesan Seminarian Fund. Thanks to everyone that volunteered and made donations.

Vivat Jesus!



Keep Christ In Christmas Campaign



Keep Christ in Christmas magnet fundraiser is a great opportunity for the Council to raise a few hundred dollars, and to Put Our Catholic Faith In Action. KCIC magnets are available for purchase for \$5 each at all Knights activities, in the Church office, or directly from Skip Hudson, GK (622-7932 or swhudson3@yahoo.com).

In addition to the traditional gift tags on the Giving Tree (Parish Christmas Outreach Project), our Council will be supporting the Diocesan Hispanic Ministry by providing much needed food items. Knights and their families are asked to “adopt” one or more Hispanic families that have requested food assistance through the Diocese. There is a need to support over 80 families of varying sizes! By adopting one or more families, you are volunteering to donate food items and return them to St. Joseph Church.

Specialty food items needed include: *Maseca* brand corn flour, dried black or pinto beans, white rice, pasta (shells, elbows, or spaghetti), bacalao/salted cod fish, any other canned fish, and canned whole kernel corn. *Goya* brand is popular and can be found in the Hispanic/Mexican aisle. If you have questions or need additional information, contact Dan Wagner at 254-7646 ext. 22 or ProgramDirector@kofc12554.org.

Membership

Congratulations to our newest member, Troy Penny, who took his First Degree at our November Business Meeting and is our 100th active member!

If you have a prospect for membership, forward his contact information via a prospect card or Form 100 to Membership Director Fred Parsons (467-4755). New members are the life blood of a Council!

Columbiettes

The ladies are now recruiting members for the Columbiettes Auxiliary, so let your Catholic wives, sisters, mothers, daughters, and friends know about this fantastic sister organization to the Knights. Their next meeting will take place on January 6th at 7PM in the Education Building. Information on the Columbiettes is available by contacting Thursa Sotak, Supreme Director, at 803-648-8002 or thursasotak@bellsouth.net.

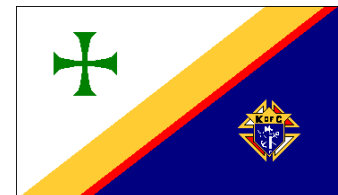


Ceremonials

The First Degree Team is still in need of alternates, especially at the key roles of Chancellor, Deputy GK, and Financial Secretary. If you would like to serve the Council in this important role, contact GK Skip Hudson at swhudson3@yahoo.com.

First Degrees for 2010-2011 have been scheduled. Seek out qualified prospects to fill these dates:

- February 3rd
- April 7th
- May 5th



A 3rd degree exemplification is scheduled for Sunday, January 16, 2011, at Columbia Council 724 at 12:30PM. If you are a 2nd Degree Knight and wish to attend, contact Lester Johnson (755-2736) or Rob Wiggs (447-2127). This rewarding experience is the final step to full knighthood in our Order!

Programming Note

The Council continues to work a concession stand at every USC home football game. Seven volunteers are needed per game! Contact **Rick Coker** (466-5020) to help in this council fundraiser.

There will be an executive committee meeting at 6:30PM prior to the monthly Social Meeting on November 18th. If you are on the Executive Committee, please plan to attend.

Our next pancake breakfast will

be on December 5th from 9AM-Noon to benefit the St. Vincent de Paul Society. If you are available to help with this worthy cause, please contact Rob Wiggs (447-2127).

There is a Knights Night tentatively scheduled for Thursday, December 30th. Please send your ideas for where and what you'd like us to do that night to Gene Olona via email at gtolona@medscape.com.

January will be a busy month like October was. We need several 4th Degree Knights in Full Regalia to visit the school after the Epiphany Mass on the 7th.

All should plan to attend the Pro-life march and rally on the 15th starting at the USC Russell House. More info will be forthcoming. And our last pancake breakfast of the season will be our largest to benefit the St. Joseph School on the 30th!

Calendar of Upcoming Events

NOVEMBER

- 2 ALL SOULS DAY REMEMBRANCE MASS AND RECEPTION, 6PM
- 4 REGULAR BUSINESS MEETING AND 1ST DEGREE EXEMPLIFICATION, 7:30 PM; DINNER, 6:30 PM
- 6 FOOTBALL CONCESSION STAND FUNDRAISER
- 7 MONTHLY ROSARY AT SHRINE OF THE UNBORN
- 11 VETERANS' DAY
- 18 SOCIAL MEETING, 7 PM, PARISH HOUSE, COVERED DISH; EXEC. COMMITTEE MEETING, 6:30 PM
- 20 FOOTBALL CONCESSION STAND FUNDRAISER
- 21 OUR LORD JESUS CHRIST THE KING
- 25 THANKSGIVING

DECEMBER

- 2 REGULAR BUSINESS MEETING, 7:30 PM; DINNER, 6:30 PM
- 5 MONTHLY ROSARY AT SHRINE OF THE UNBORN
- 5 PANCAKE BREAKFAST TO BENEFIT ST. VINCENT DE PAUL SOCIETY, 9AM-12PM
- 8 IMMACULATE CONCEPTION

- 16 SOCIAL MEETING, 7 PM, PARISH HOUSE, COVERED DISH;

- 25 CHRISTMAS

- 30 "KNIGHTS NIGHT" SOCIAL, *TENTATIVE*

JANUARY

- 1 MARY, THE MOTHER OF GOD

- 2 EPIPHANY

- 2 MONTHLY ROSARY AT SHRINE OF THE UNBORN

- 6 REGULAR BUSINESS MEETING, 7:30 PM; DINNER, 6:30 PM

- 7 EPIPHANY MASS, 8:15AM AND SCHOOL VISIT

- 15 STAND UP FOR LIFE MARCH AND RALLY, USC RUSSELL HOUSE TO SC STATE HOUSE

- 17 MLK DAY

- 20 FRATERNAL BENEFITS NIGHT, 7PM, PARISH HOUSE, COVERED DISH; EXEC. COMMITTEE MEETING, 6:30 PM

- 22 FAMILY CARD AND BOARD GAME NIGHT, *TBA*

- 30 PANCAKE BREAKFAST TO BENEFIT ST. JOSEPH SCHOOL, 9AM-2PM

Saint of the Month by Deacon Charles P. Poole, Jr.

St. Albert the Great — November 15



Life 1206-1280

Dominican friar

Bishop and Doctor of the Church

Patron Saint of Scientists

Albert was born near Augsburg, Germany into a rich military family. When he joined the Order of Preachers recently founded by St. Dominic in 1217, his father was very disturbed by it. After ordination he served as director of the Dominican House of Studies at Cologne where for four years he was the teacher of his fellow Dominican friar Thomas Aquinas. He is well known for having been the teacher of Thomas Aquinas. In 1248 he was appointed Prior Provincial of the Dominicans in Germany. Then in 1260 the pope consecrated him bishop of Regensburg, a diocese with many problems. He did not have the personality needed to solve them so less than two years later he resigned that post and returned to academics. The University at Regensburg was where Pope Benedict XVI had been a professor earlier in his life, and where he gave his controversial speech that the Moslems objected to so much.

A year later, St. Albert helped to preach the eighth Crusade, and then devoted himself to teaching and

writing at Cologne until 1274. At that time he was invited to attend the Second Ecumenical Council of Lyons. His former student Thomas Aquinas was also invited, but died on the way to the Council at the age of 49. Albert took an active part in the proceedings of the Council. After it ended he returned to lecturing and writing until his memory started failing. He was diagnosed with dementia, which was possibly Alzheimer's disease, and died peacefully at the age of 74 while sitting in the company of his fellow friars.

During his lifetime, Albert acquired the nickname of "Universal Doctor" because of his powerful mind and his intellectual curiosity. He was an authority on various sciences such as alchemy (chemistry), astronomy, biology, and mineralogy, which earned him the title "Patron Saint of Scientists." He explained how the latitude of a city affects its climate, and he deduced that the Earth is spherical over two centuries before the voyage of Christopher Columbus to America. Albert accepted the autonomy of reason, and tried to show that the teachings of ancient philosophers such as Aristotle can be reconciled with Christian beliefs. By so doing he prepared the way for his pupil Thomas Aquinas to compose his great works on theology such as the *Summa Theologiae*. Thomas Aquinas' great accomplishment was to reconcile the philosophy of Aristotle with Christian doctrine. In Dante's *Divine Comedy (Paradiso)*, Thomas introduces Albert to Dante as my "brother and master."

Fathers For Good An initiative for men by the Knights of Columbus

Youth Sports and You

Don't let sports leagues take over your faith or your family

By Richard Fitzgibbons, M.D.

Images of the “Little League parent” are fixed in the American mind as a kind of psychological state. There’s dad on the sidelines yelling for his kid to get a hit to soothe the lingering shame over striking out in his own youth. Or mom in the bleachers waving junior to home plate so she can hold her head high at the morning carpool.

Although there seem to be fewer sideline displays by parents these days than a generation ago, and more adults are aware of the negative aspects of reliving their past through their children, there are a number of more subtle dangers associated with youth sports that we all should be aware of. In fact, in our sports-crazed culture, where even toddlers are dragged from soccer field to karate gym, we risk making sports participation a primary value in itself, and using sports for our kids as a substitute for play time and even family time.

Let me make it clear from the start that I am not anti-sports, either as a family-practice psychiatrist or the father of two children. Youth sports can have immense positive influences for both children and parents and may foster a happier, healthier family life. Benefits for children include: weight control and physical fitness due to consistent exercise, learning team play, self-sacrifice, discipline, hard work and good role modeling from coaches.

Strong, lifelong bonds between father and son – and, increasingly, father and daughter – can be built during games of pitch-catch, shooting hoops, kicking the soccer ball or tossing the football. Sports give dads a natural opportunity to talk about virtues such as giving it your all, going the extra mile, taking one for the team and reaching for the stars.

Yet in our culture of 24-hour sports networks and million-dollar, prima-donna players, the wrong message can be sent about sports, virtues and values. In my clinical work with families, I too often find serious emotional conflicts in children as a result of a parental obsession with sports activities. These include burnout from excessive participation in grade school, a win-at-all-costs mentality accompanied by a selfish attitude, excessive competitiveness, the belief that failure in sports means failure in life, a general sadness and anger over pressures to excel on the field, poor academic performance and the belief that sports are the major source of personal values and confidence.

The emphasis on sports causes families to lose their focus and proper balance, and kids pick up the message. Youth sports are seen to take precedence over family relationships and even relationship with God. This atti-

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4th Degree

BISHOP ENGLAND ASSEMBLY 1072



The next Exemplification of the 4th Degree will be held in Columbia at the Radisson Hotel on Bush River Road, February 25th and 26th. Friday night will consist of hospitality rooms hosted by each participating Assembly, and is open to everyone. Saturday will begin with Mass, followed by lunch and a ladies luncheon, the Exemplification, and end with a Black Tie dinner and dancing.

To join the 4th Degree you must be a 3rd Degree Member in good standing, and a member of the Knights of Columbus for at least six months. Contact any 4th Degree member for a Form 4.

Bishop England Assembly 1072 meets at 7:30pm on the 3rd Wednesday of each month in the old house next to Good Shepherd Church, Calhoun St.

November Birthdays

5th Paul Weiland
 5th Gilberto Martinez
 11th Gualberto Nicolau
 14th Mike Sakara
 15th Ron Evans
 21st Kevin Burns
 22nd Nick Gentile
 23rd Matt Tucci
 26th Andy Nelson

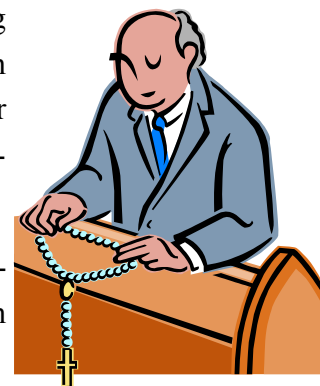


We wish all of our Brother Knights a happy and blessed birthday!

Brother to Brother

Please pray for the following Knights who are sick or in distress, and remember their families during these difficult times:

Brother Johnny Nix (783-0419) is recovering from multiple surgeries.



Brother Gerard Gener (447-3687) is recovering after complications from hip surgery.

Brother Laddie Gatling (261-6883) continues his battle with MS.

Brother Byron Weston (256-4983 Room 115) remains in the nursing home.

Brother Andy Nelson is recovering from leg surgery.

Brother Richard Giammetta (973-908-1153) has kidney failure and requires daily dialysis.

Brother Greg Couture of Council 11325 in Lexington has stage 4 pancreatic cancer.

Brother Roberto Molinary of Council 6847 in E. Columbia is recovering from neck surgery.

Also, pray for Brother Jim Albert's father-in-law who is with terminal cancer, and for the Albert family as they return from the Philippines.

Remember, Charity begins at home! If you know of a Brother Knight that is sick or in distress, contact PGK Jim Corbett <Jcoresq@aol.com> or PGK Sam Kopack <KSkopack@aol.com>.

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tude is harmful to children's physical, psychological and spiritual welfare.

As in most things in life, balance is needed when it comes to youth sports. Since there are definite benefits to team play and physical activity, every family should make the effort to find that balance.

Here are a few tips:

- Work as a couple to establish healthy family priorities, discussing them with your spouse first and then your children.
- The husband should make time with his wife more important than youth sports or professional sports on TV.
- Never allow a child to play more than one game per day and don't be afraid to skip a season if your child doesn't seem ready for the next level of play.
- Make the family dinner a priority over playing team sports.
- Avoid leagues that have games on most Sundays, and leave the Lord's Day open for family activities.
- Don't live your dreams through your child's sports play.
- Winning isn't the only thing, it's how you win or how you lose that counts.

Youth sports can be healthy, constructive and a strong support for the values you as a father want to instill in your child. But remember, it's just a game.

Dr. Richard Fitzgibbons is a Catholic psychiatrist and head of the [Institute for Marital Healing](#), located in West Conshohocken, PA.

Upcoming Pro-Life Activities



The monthly Rosary at the Shrine of the Unborn is held at 9:30 AM on the 1st Sunday of each month. Thanks to all of the Knights that came out on October 3rd!

There is a Rosary Vigil every Saturday morning at 10AM outside the Planned Parenthood parking lot (2712 Middleburg Dr).

At the request of the State Deputy and Pro-Life Coordinator, the Knights of Columbus is assisting Family Connections with their *Kids Rock* event on Sunday, November 7, from 1- 6 PM at Dutch Fork High School. This event is a celebration of individuals of all ages with disabilities and special healthcare needs. Kids Rock will be a festival with games, a bouncy house, food, vendors, and on-

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Insurance



Our annuities provide long-term accumulation of wealth, specifically designed for retirement needs. There are no hidden management fees or annual charges.

Our investment philosophy is consistent with the nature of the funds entrusted to us. So whether you're looking to start a retirement savings program or moving substantial, more volatile funds

into 'safer waters', the Knights of Columbus offers programs that can help you achieve your goals. Contact your Field Agent Peter Zeeff, 731-5107, today to open an account for just \$300.

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stage entertainment that begins at 4 PM featuring American Idol finalist LaKisha Jones.

Please note that all parking proceeds (\$3 / per car) and a portion of the tickets Knights sell for the event will be given to the Knights of Columbus Ultrasound Initiative in South Carolina. As you may already know, the Supreme Council will pay half the cost of an ultrasound machine for a qualifying crisis pregnancy care center. The potential impact of this initiative is tremendous, as studies have shown that undecided women who view an ultrasound picture of their child are 90% likely to choose life. The SC Knights of Columbus are hoping to raise funds to obtain five ultrasound machines in the state, including one in the Midlands!

To support the *Kids Rock* event, all Knights in the Midlands are asked to consider either buying tickets or helping with parking the day of the event. All those who can assist with parking starting at 12:30 PM should contact Skip Hudson, GK at 622-7932 or swhudson3@yahoo.com. Tickets are \$10 / Knight and \$10 / Knight adult family member (\$3 of this cost will go to the ultrasound initiative). Dependents of Knights are admitted at no cost. Tickets are \$15.00 for others or when purchased at the gate. Please call Jimmy Carter at 803-546-2416 or Peter Zeff at 803-807-1337 to get your tickets in advance so that the Ultrasound Initiative will benefit.

Congratulations!

Our Knight of the Month for October is Fred Parsons.

The Family of the Month for September is that of Brother Andy Nelson.



The *Shining Armor Gazette* is a monthly publication of the Knights of Columbus St. Joseph Council 12554. Distribution is via email generally on the Friday immediately following the 1st Thursday of the month.

The Council currently meets in the Parish House at St. Joseph Catholic Church in Columbia on the 1st and 3rd Thursdays of every month, unless otherwise published. Regular Business Meetings, closed but to the membership, are held at 7:30pm on the 1st Thursday, preceded by dinner at 6:30pm. Social Meetings, open to all, are held at 7pm on the 3rd Thursday, and consist of a potluck dinner and program, which is preceded by an Officer/Director Meeting at 6:30pm, if applicable.

We are now on the Web! Check out our Council web site at www.kofc12554.org, and our Facebook page too.