KNIGHTS OF COLUMBUS SAINT JOSEPH COUNCIL 12554 Columbia, SC 29205

SHINING ARMOR GAZETTE



Serve the Priest, Serve the Parish, and Build a Better Culture

Volume 2, Issue 1

Editor: GK Swinton W. Hudson, III

July 2010



UPCOMING EVENTS:

July

- 4 Independence Day
- 23 Installation & Recognition Night
- 29 Knights Night

August

- 5 Business Meeting
- 19 Social Meeting

Inside this issue:

| Fathers for Good | 2 |
|--------------------|---|
| Calendar | 3 |
| Programming Note | 4 |
| Saint of the Month | 5 |
| Proposed Budget | 6 |
| 4th Degree | 7 |
| Birthdays | 7 |
| Insurance | 8 |

GRAND KNIGHT'S BRIEF

My Brother Knights, it is truly an honor and privilege to have been elected to serve as your Grand Knight. We have an exciting and hopefully fun year ahead of us. I want to thank all of the new Officers and Directors that have spent many hours over the last few weeks working with me to prepare for the coming year. We have a great team that will be working hard to help fulfill the mission of our Order, but we can't do it without you and your support and participation!

Our goal for the year is to continue doing those things that we do well, dispense with those that are less than successful, and to support and serve our priest and parish. My personal invitation to you is "get involved." Even if you can't or don't want to serve in a leadership capacity, there are dozens of areas in which you can get involved and make a difference. I encourage you to identify those things that excite you and fulfill your sense of charity, and to get involved. Attend a few meetings or socials throughout the year too, and take advantage of our fraternal benefits. Be proud to be a Knight of Columbus!

Lastly, whether you have an idea to pass along, a question, a concern, a situation of distress, or you just want to say hello, know that my "door" is always open to you and your family.

S. W. Hudson, M. Grand Knight

Special Election

A special election was held to fill two vacancies for the 2010-2011 Fraternal Year at the Regular Business Meeting on July 1st. These officers officially assumed their posts upon election, and will be formally installed on July 23rd.

ADVOCATE...... GENE T. OLONA

INSIDE GUARD ANDREW J. NELSON

Congratulations Gene and Andy!

FATHERS FOR GOOD An initiative for men by the Knights of Columbus

Page 2

Listening to Your Kids

When your child speaks, do you listen? You may give an ear, but do you give attention, your time? Do you try to hear what really is being said?

If not, you're like many of us fathers. We hear but sometimes fail to listen. After all, there are so many messages coming at us, and our kids often don't say what they mean, anyway.

The good news is you can start becoming a better listener today. Not only with your kids, but with your wife and friends. You may find that your attention is the greatest gift you can give someone today.

The National Center for Fathering conducted a survey at one of the group's father-daughter workshops.

Each girl was asked to complete the sentence and give it to her dad: "I wish you would _____."

Here are some of the girls' responses. (Dad, be warned: You may hear your child talking to you.)

- "I wish my dad would try and understand what I'm going through, and be there when I need someone to talk to just as a friend and not as a parent."
- "I need him to completely hear me out and not assume things ... to listen before he speaks."
- "[I wish he] would take time and not talk but let me tell him one secret that I have hidden for a long time."
- "Try to see where I'm coming from before blowing up in my face and later wanting my forgiveness."
- "Listen when I need you to. You don't have to have the right answers all the time; just be there for me."
- "Don't talk; don't argue; just listen."

Few fathers really work to develop listening skills, but this is a key area where we all need to excel. How would each of your children respond if you asked them to fill in the blank: "I wish you would ______"? Maybe it's time for a little qualitative research of your own; ask them to fill in the blank.

Or, if they're too young, ask for feedback from their mom, their teachers, or other people who interact with them regularly.

Action Points

- Practice really focusing on what your child is saying. When you're sure she's done talking, restate what she has said in your own words, to make sure you understand.
- Actively give your child non-verbal feedback as you're listening: a nod, smile, look of surprise, raised eyebrows, etc.
- With young children, get down on their level so they know you're focused on them and you're ready to hear them.

Copyright © 2010 Knights of Columbus

Proposed Programs of the Council

The Council Officers and Directors recently met to plan the programs for the coming fraternal year. These were presented to the membership at the July 1st business meeting for discussion.

COUNCIL — Knight of the Month, Newsletter, Web site, Annual Installation of Officers and Recognition Night, Council Business Meeting Meals, 5th Thursday "Knights Night", Concession stand fundraiser, Fraternal Benefits Night

COMMUNITY — Operation Hope, State Charity Drive, Support St. Vincent de Paul Society pancake breakfast, Blood Drive, Wheel Chair Foundation, St. Patrick's Day booth fundraiser

CHURCH — Support Vocations, Support seminarian pancake breakfast, Catholic Information Booth, Keep Christ in Christmas, All Souls Day reception, Lenten Soup Supper, Shrove Tuesday Pancake Supper, Feast of St. Joseph

FAMILY — Family of the Month, Support St. Joseph School pancake breakfast, Family picnic, NFP Awareness, Survivor services, Fathers for Good

YOUTH — Youth of the Month, Altar Server Appreciation Night, Soccer Challenge, Free Throw Contest, Substance Abuse Poster Contest

PRO-LIFE — Pro-Life March and Rally, 40 Days for Life, K of C Day of the Unborn Child, Monthly Rosary to End Abortion

Calendar of Upcoming Events

JULY

- 1 REGULAR BUSINESS MEETING, 7:30 PM; DINNER, 6:30 PM
- 4 INDEPENDENCE DAY

 MONTHLY ROSARY AT SHRINE OF THE UNBORN
- 10 OPERATION HOPE WORKSHOP, O. L. OF THE HILLS
- 16 ORDINATION OF DAVE NERBUN TO TRANSITIONAL DEACONATE, 6:00 PM, ST JOSEPH CHURCH
- 23 INSTALLATION OF OFFICERS AND RECOGNITION
 BANQUET, 6:00PM SOCIAL HOUR, 7:00PM INSTALLATION, 7:30PM DINNER AND AWARDS; AMERICAN
 LEGION HALL, 200 PICKENS STREET; COAT & TIE,
 BUFFET, CASH BAR; ALL MEMBERS & GUESTS
- 24 GRAND KNIGHTS WORKSHOP, O. L. OF THE HILLS, 8:30AM-4PM, COAT & TIE; GK/DGK/CH/PD
- 29 5TH THURSDAY "KNIGHTS' NIGHT" SOCIAL
- 31 SEMI-ANNUAL AUDIT, 9AM, GK/FS/T/TRUSTEES BUDGET MEETING IMMED. AFTER, ALL WELCOME

AUGUST

1 MONTHLY ROSARY AT SHRINE OF THE UNBORN

- 5 REGULAR BUSINESS MEETING AND 1ST DEGREE, 7:30 PM; DINNER, 6:30 PM
- 7-15 K OF C FAMILY WEEK
- 15 ASSUMPTION OF THE BLESSED VIRGIN MARY
- 19 FAMILY NIGHT MEETING, 7 PM, PARISH HOUSE, COVERED DISH; OFFICER MEETING, 6:30 PM

SEPTEMBER

- 2 FOOTBALL CONCESSION FUNDRAISER STAND 28B
- 5 MONTHLY ROSARY AT SHRINE OF THE UNBORN
- 6 LABOR DAY
- 10 ALTAR SERVER APPRECIATION NIGHT, ROYAL Z LANES, $6:30~\mathrm{PM}$
- 11 FOOTBALL CONCESSION FUNDRAISER STAND 28B
- 16 REGULAR BUSINESS MEETING, 7:30 PM; DINNER, 6:30 PM (NOTE THAT THIS IS THE 3RD THRURSDAY)
- 18 FOOTBALL CONCESSION FUNDRAISER STAND 28B
- 30 5TH THURSDAY "KNIGHTS' NIGHT" SOCIAL

Programming Note

Of special interest to the membership is our first social activity of the new fraternal year. The **Installation** of Officers and Recognition Banquet will be held on July 23rd at the American Legion Hall, 200 Pickens Street, beginning with a social hour with cash bar at 6pm, followed by the Installation of Officers at 7pm and dinner and awards immediately thereafter. The cost is only \$12 per person, and is open to all members and their guests. Invitations were sent out via electronic mail on June 23rd. RSVP to Sam Kopack by July 19th!

The second social activity in July will be something new for the Council which we're calling a Knights' Night, and will take place any month that has five Thursdays. July 29th is the 5th Thursday in July, therefore we will be toasting our inaugural Knights' Night at Damon's Grill, 900 Senate Street in The Vista, beginning at 7:00pm, Dutch treat. Come alone or bring someone, it's up to you! Good times will be had by all.

The Grand Knight has scheduled the Council's Semi-Annual Audit for July 31st at 9AM. There will be a budget committee meeting immediately following; all members are welcome and encouraged to participate.

The Council will again be working the concession stands at USC home football games. The first game is Thursday, September 2nd. Seven volunteers are needed per game! Contact Rick Coker if you can help.

Lastly, our annual Altar Server Appreciation Night will be held on September 10th at Royal Z Lanes, 8512 Two Notch Road, beginning at 6:30pm. We need all hands on deck for this activity! Bring the family too.

Membership

The Recruitment and Admissions Committees are in the process of being stood up, and we will soon have prospects to interview. If you have a prospect, please forward a prospect card with his information to Membership Director <u>Fred Parsons</u> right away.

Recruiting new members is essential to the continued growth and well-being of our council and the Order. Offering a man membership in the Knights of Columbus gives him the opportunity to improve his own life and his community. Membership allows him to experience the fraternal bond that Knights share while growing closer to his family and faith..

Seek out a Catholic Gentleman and "just ask him."

Ceremonials

Our next First Degree will be held on August 5th at our Regular Business Meeting. We are still in need of First Degree Team members, so if you'd like to help with the Exemplification of this Degree, please contact Team Captain Skip Hudson (622-7932).

The tentative schedule for First Degrees in 2010-2011 is as follows:

- August 5th
- November 4th
- February 3rd
- April 7th
- May 5th

Saint of the Month (July) Deacon Charles P. Poole, Jr.

St. Benedict of Nursia



Life 480-543

Abbot, Founded 12 Monasteries

Author, Monastic Rule of St. Benedict

Patriarch of Western Monasticism, and Patron of Europe

Benedict was born about the year 480 to a Roman noble of Nursia, near Spoleto, in central Italy. While studying in Rome he was so upset by the prevailing immorality in society that he gave up his studies and became a hermit at Enfide near Subiaco where he gathered together some disciples. Twenty five years later, he relocated to Monte Cassino near Naples.

He had a twin sister, St. Scholastica, who was abbess of a convent of nuns located several miles from Monte Cassino. The two twins used to meet for a day once a year to discuss spirituality, and some of their discussions were recorded and have been preserved.

Benedict never became a priest, considering himself, like St. Francis of Assisi, as unworthy of that honor. He also never intended to form a religious order, with each monastery being autonomous and self governing. He founded twelve other monasteries during his lifetime.

After arriving at Monte Cassino, Benedict wrote his famous Rule based somewhat on previous rules of the Desert Fathers, the anonymous Rule of the Master, and those written by Saints Augustine (d. 430), Basil the Great (d. 379), and John Cassian (d. 435). The Rule, which contains 73 chapters, is quite comprehensive. It discussed the administration of a monastery, as well as the fostering of its spirituality. It was a very practical document, being both moderate and flexible, while at the same time spiritually uncompromising. The ideal of a monastery was a large family of people. Most monks were not ordained, and a priest needed permission of the abbot to exercise his priestly functions. There was an emphasis on the Divine Office, or the eight canonical hours, to which "nothing is to be preferred." Life evolved around chanting these hours in choir. The abbot was elected by the community. The motto was "ora et labora" or work and pray. All did manual labor, and all took turns in the kitchen. Each monastery was self sufficient.

Benedict's main fame results from the greatness of his Rule. It eventually became the monastic rule followed by most of the monasteries throughout Western Europe. This included monasteries of men, as well as those of women.

Throughout the centuries there were periods of laxity and periods of reform or a return to strict discipline. Examples of reform movements were the Camaldolese, the Sylvestrines, and the Cistercians. The present day Trappists are a reform of the Cistertians. Many monasteries have associated groups of lay people called Benedictine Oblates who try to live by Benedictine ideals outside a monastery.

Volume 2, Issue 1 Shining Armor Gazette Page 6

SAINT JOSEPH COUNCIL 12554 PROPOSED BUDGET 2010-2011

| PROPOSED BUDGET 2010-2011 | | |
|--|-------------|--|
| Source | Budgeted | |
| INCOME | J | |
| Annual Dues/Initiations | \$3,032.00 | |
| USC Football Games | \$2,800.00 | |
| Seminarian Pancake Breakfast | \$400.00 | |
| RSVP Rebate | \$100.00 | |
| | | |
| Fund Raisers & Miscellaneous | \$860.00 | |
| Operation Hope Drive | \$5,000.00 | |
| TOTAL INCOME | \$12,192.00 | |
| LIADUITIES | | |
| LIABILITIES | | |
| Culture of Life @ 1.00/member | \$100.00 | |
| Financial Secretary Stipend | \$235.00 | |
| FS/Treasurer Bonding | \$70.00 | |
| Operation Hope | \$5,000.00 | |
| State Liability Insurance @ \$2.85 | \$285.00 | |
| State Per Capita @ 5.50/member | \$550.00 | |
| Supreme Catholic Advertising @ .50/member twice a year | \$100.00 | |
| Supreme Per Capita @ 1.75/member twice a year | \$350.00 | |
| TOTAL LIABILITIES | \$6,690.00 | |
| | | |
| EXPENSES | | |
| Church Activities | | |
| All Souls Day Mass and Reception | \$200.00 | |
| Catholic Information Booth at State Fair | \$100.00 | |
| Mass Cards, Deceased or Sick Memorial Fund | \$50.00 | |
| Seminarian Fund | \$500.00 | |
| Community Activities | | |
| Blood Drive | \$50.00 | |
| Supplies for Operation Hope | \$180.00 | |
| Family Activities | | |
| Family Picnic/Cookouts (6) | \$180.00 | |
| Social Functions | \$100.00 | |
| Council Activities | | |
| Council Suppers | \$180.00 | |
| Installation of Officers FY10 | \$100.00 | |
| Parking USC Games | \$225.00 | |
| Plaques/Engraving/Frames/Certificates | \$225.00 | |
| Youth Activities | | |
| Altar Servers Recognition and Bibles | \$400.00 | |
| Free Throw Contest | \$50.00 | |
| Soccer Shoot Out | \$50.00 | |
| Membership and Retention | ψ00.00 | |
| 2nd Degree, host | \$0.00 | |
| 3rd Degree (\$7x6) | \$42.00 | |
| Operating | Ψ42.00 | |
| Mailing/Printing/Copies/Faxes | ¢225.00 | |
| · · · · · · · · · · · · · · · · · · · | \$325.00 | |
| Miscellaneous Charities | \$100.00 | |
| New Council Support | \$50.00 | |
| Sam's Club Membership | \$35.00 | |
| St Joseph Capital Fund | \$1,200.00 | |
| State Convention (2 Delegates, 2 Alternates, Registration) | \$360.00 | |
| Supplies | \$500.00 | |
| Use of Parish House for Meetings | \$300.00 | |
| TOTAL EXPENSES | \$5,502.00 | |
| | * | |
| TOTAL EXPENSES AND LIABILITIES | \$12,192.00 | |
| INCOME LESS EXPENSES AND LIABILITIES | \$0.00 | |

4th Degree

BISHOP ENGLAND ASSEMBLY 1072



The next Exemplification of the 4th Degree will be held in Beaufort on August 28th, at Saint Peter Catholic Church, 70 Lady's Island Drive, Beaufort, SC.

This will be a one day event. Registration and sign in for candidates is at 9:00am, followed by Mass at 10:00am, Lunch at 11:30am, Exemplification at 1:30pm, and Adjournment at 3:30pm. There will be a planned ladies function, so bring your wives!

Bishop England Assembly 1072 meets at 7:30pm on the 3rd Wednesday of each month in the old house next to Good Shepherd. To join the 4th Degree you must be a 3rd Degree Member in good standing, and a member of the Knights of Columbus for one year. Contact any 4th Degree member for a Form 400.

Sick or in Distress

Sam Kopack's wife Legare has been ill. Pray that she gets well from recurring flu like symptoms.

Brother Terry McWaters is recently unemployed and needs assistance. He would appreciate any advice or assistance you can provide.

Brother Nick Gentile (LTC) is currently deployed to Iraq with his Squadron. His wife Dayna is five months pregnant with their sixth child. Pray for Nick's safe return and the health of his family.

If you or if you know of a Brother Knight that is sick or in distress, contact PGK Jim Corbett or PGK Sam Kopack.

Pro-Life



The monthly Rosary at the Shrine of the Unborn is held at 9:30 AM on the 1st Sunday of each month.

The St. Gianna Guild's next business meeting will be Wednesday, July 7th at 7 PM in the St. Francis

de Sale House. The agenda will cover plans for the Fall 40 Days for Life, and wrap-up the Birthright baby bottle campaign.

There is a 10 AM Rosary Vigil every Saturday morning outside the Planned Parenthood parking lot. There will also be a special 8:15 AM Vigil there on July 3 and 31st when abortions are to be performed.

For additional information or to get involved in Pro-Life activities, contact John Staab, 381-3310.

July Birthdays

2nd William Kundinger

3rd Tawfig Hodaly

8th Jim Albert

19th Joseph Turkaly

20th Richard Giametta

20th Lester Johnson

23rd Alan Kirby

29th Fr. Richard Harris

We wish all of our Brother Knights a happy and blessed birthday!

Insurance

Why Choose Us?

We are strong

The Knights of Columbus is a fraternal benefit society that is strong, secure and stable. Members can be confident that we'll be here when you need us. We've been successfully protecting families since 1882, and our outlook remains bright.

Don't just take our word for it.

- Standard & Poor's has given us their highest rating (AAA, Extremely Strong) for 17 consecutive years.
- A.M. Best has bestowed on us their highest rating (A++, Superior) for 34 consecutive years.
- The Insurance Marketplace Standards Association

(IMSA) has given us their certification for our ethical business and marketing practices.

Only three insurance companies in the United States can claim these three accolades.

Remember, in 2008, the Knights of Columbus gave more than \$150 million to Catholic and other charitable causes. In these uncertain times, find comfort in an organization that leads the way in doing good for others while doing good for our own.

We are secure

Since 1882, we have been committed to protecting the financial futures of our Knights and their families. We do this by paying claims and dividends to our insured members. In 2008, we paid well over \$392 million in death claims and other benefits, and

more than \$369 million in dividends to our policyholders. Even more impressive is the fact that from 2000 to 2009 the Knights of Columbus paid \$3.191 billion in dividends to insured members.

We are stable

Prudent leadership and management has led to the rapid growth of our assets, providing an adequate foundation for our member's protection, and securing our obligations to our insured and their beneficiaries. Also, because we are a fraternal benefit society, we have no stockholders. Our owners are our members and we return our good fortune in the form of dividends to our policyholders.

Contact Field Agent Peter Zeeff to start protecting your family today, 731-5107.

The Shining Armor Gazette is a monthly publication of the St. Joseph Council 12554 of the Knights of Columbus. Distribution is generally on the Friday immediately following the 1st Thursday of the month.

The Council currently meets in the Parish House at St. Joseph Catholic Church in Columbia on the 1st and 3rd Thursdays of every month, unless otherwise published. Regular Business Meetings, closed but to the membership, are held at 7:30pm on the 1st Thursday, preceded by dinner at 6:30pm. Social Meetings, open to all, are held at 7pm on the 3rd Thursday, and consist of a potluck dinner and program, which is preceded by an Officer/Director Meeting at 6:30pm, if applicable.

We are also now on the Web at www.kofc12554.org.